



530 N LIMESTONE ST
LEXINGTON, KY 40508



(859) 259-1974



(859) 254-9465



INFO@THENESTLEXINGTON.ORG

Office Hours | MONDAY - THURSDAY: 9AM-5PM
FRIDAY: 9AM-12PM

Child Care Hours | MONDAY - FRIDAY
8AM - 5PM

Family Assistance Walk-in Hours | MONDAY- THURSDAY
9AM-12PM & 1PM-3PM

thenestlexington.org

/TheNestLex

TOGETHER, WE TRANSFORM LIVES THROUGH EDUCATION COUNSELING, ADVOCACY AND SUPPORT – REACHING THOUSANDS OF INDIVIDUALS, PARENTS, SURVIVORS, AND CHILDREN EACH YEAR.

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EMBRACE | ENCOURAGE | EMPOWER





Child Care

We believe all caregivers deserve equal access to high-quality child care, regardless of financial status. From birth to age five, our state-licensed early childhood learning center offers flexible options for caregivers including short-term, long-term, and free drop-in care.

For more information about our Child Care Program or to make a reservation for care, please call (859) 259-1974 x228.



Family Assistance

We provide immediate assistance with basic necessities such as food, diapers and wipes, formula, infant care items, car seats, children's clothing, and personal hygiene products for children and adults. We also offer referral assistance with financial, housing, and employment resources.

For more information about our Family Assistance Program, please call (859) 259-1974 x222.



Since 1977, we have been a lifeline for all individuals and families in crisis, facing adversity, or who have unexpected needs.

Our holistic approach incorporates four free programs: early childhood education and care, family assistance for basic human needs, counseling and advocacy for survivors of intimate partner violence, and education and support for parents.

We are proud to provide our services to the community in English and Spanish.



Intimate Partner Violence

Our trained staff of counselors, advocates, and attorneys are dedicated to providing survivors with a safe and healing place to receive support. We offer survivors of IPV the following free services: safety planning, individual counseling, educational support groups, and court advocacy & legal representation to obtain a protective order.

For more information about our Intimate Partner Violence Program, please call (859) 259-1974 x225.



Parenting

Our parenting classes are focused on effective and healthy parenting, nonviolent discipline, and parental self-care. We also create an opportunity for social interaction with other caregivers who can share experiences and provide support - a powerful way to improve parenting habits and overcome social isolation.

For more information about our Parenting Program, please call (859) 259-1974 x225.